

A Learning Opportunity

# **Carer's Awareness Training**

## **Dates of Sessions:**

Friday, 15th January 2010 - pm

Thursday, 28th January 2010 - am (*cancelled*)

Monday, 8th February 2010 - am

Monday, 8th March 2010 - am

Wednesday, 17th March 2010 - am

## **Times:**

am = 9.30 am - 12.30 pm

pm = 1.30 pm - 4.30 pm

## **Venue:**

All sessions at the TDC, Popes Lane, Oldbury

## **Target Group:**

All Primary Care and Health and Social Care Staff

## **Availability:**

18 candidates per session

## **About the Programme**

The aim of this course is to deliver a half-day training to Health and Social Care staff who are at the front line of a service that delivers a programme of care to the people of Sandwell and through this regularly come in to contact with carers. This learning is to aid in raising awareness of carers' issues and advising the professionals and organisations understand the issues that impact on carers and what support they can offer to help carers in the community.

## **Learning Outcomes**

- This three hour session will support candidates to develop and understanding of the needs of those who care for a family member who is ill or needs regular support.
- The learning aims to explore the issues that carers have to face in their day to day lives and will provide information on how to give guidance and reassurance to carers and help them to seek further support.
- The learning will explore the definition and role of a carer and will including information on the emotional, physical and financial stresses that impact on carers.
- The learning will provide recognition of the important role of working with carers and how to maintain effective communication.
- The learning will assist candidates how to signposting carers to help them obtain further information and support, and also provide details of the local and national resources available.
- The learning will provide candidates with an opportunity to reflect on their current practice in regards to carers, and help advice on ways of adopting any mechanisms to improve the service delivered to carers.

To apply for a place please complete the application form attached, and return it as soon as possible to:

**Trevor Downing  
Learning and Development Officer**

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