

# WHAT IF...

...you could change  
mental health services?

What would you do?  
How would you do it?  
Who would you involve?

We want to know what you think so we can make  
positive change for our Black Country communities!

**Join one of our three online sessions to talk about WHAT IF...?**

Everyone is welcome: service users, patients, families, carers, members of the public, community organisations and more. Our friendly and informal conversations will be hosted by those with lived experience of our services. One session is dedicated to children and young people (and parents and carers). Register below or contact [bchft.communications@nhs.net](mailto:bchft.communications@nhs.net) for more information.

22 October 2020  
6-7.30pm

Join us:  
[bit.ly/2GxpHak](https://bit.ly/2GxpHak)

Children  
and young  
people

27 October 2020  
2-3.30pm

Join us:  
[bit.ly/30ltl2X](https://bit.ly/30ltl2X)

3 November 2020  
6-7.30pm

Join us:  
[bit.ly/2GhFNVC](https://bit.ly/2GhFNVC)

