

SANDWELL PUBLIC HEALTH PRESENTS

BETTER MENTAL HEALTH & HEALTHY AGEING EVENT

26th September, 2023 | 9am- 4pm

At: Sandwell Council House Chambers, Oldbury B69 3DE.



The morning will provide the opportunity to have your say about how we work together to improve mental health and wellbeing in Sandwell.

Featuring:

- How you can get involved in our Better Mental Health strategy consultation
- An update on our Suicide Prevention action plan
- Sandwell Better Mental Health project showcase
- Hot Lunch - including Networking & Marketplace

The afternoon will provide the opportunity to have your say about the Healthy Ageing project- Unity App.

Featuring:

- Our collaboration with Health Fabric on the Healthy Ageing App project.
- Presentation update on Healthy Ageing App Project including videos and testimonials.
- Interactive session to learn about how the app can help improve health in your community.

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HERE:**

